AMENDMENTS TO THE CLAIMS

1.   (Canceled)

2.   (Canceled)

3.   (Canceled)

4.   (Canceled)

5.   (Canceled)

6.   (Canceled)

7.   (Canceled)

8.   (Canceled)

9.   (Canceled)

10.   (Canceled)

11.   (Canceled)

12.   (Canceled)

13.   (Canceled)

14.   (Canceled)

15.   (Canceled)

16.   (Canceled)

17.   (Canceled)

18.   (Canceled)

19.   (Canceled)

20.   (Canceled)

21.   (Canceled)

22.   (Canceled)

23.   (Canceled)

24. (Canceled)

25. (Canceled)

26. (Canceled)

27. (Canceled)

28. (Canceled)

29. (Canceled)

30. (Canceled)

31. (Canceled)

32. (Canceled)

33. (Canceled)

34. A computer-readable medium having stored thereon a data structure comprising:

a first data field containing subject data for transmission from a sender to a receiver; and

a second data field containing interval data representing a time interval for subsequent transmission of subject data from the sender to the receiver.

35. The computer-readable medium of claim 34, wherein the subject data is the current status of the sender.

36. The computer-readable medium of claim 34, wherein the second data field contains interval data representing a plurality of time intervals for subsequent transmissions of subject data from the sender to the receiver.